

Quasar Seattle: 5-day Retreat

The Heart of Freedom

A rare opportunity to experience the founders of the Diamond Approach®

Hameed Ali (A. H. Almaas) and Karen Johnson



June 26 - 30, 2010

Daniel's Recital Hall, Seattle, Washington

Human beings love and want freedom. Rare is the individual who knows it, and rarer still the one who lives it, but the desire for freedom spans history and cultures worldwide.

Our nature is freedom. Yet its heart, its essence, remains hidden. The heart's natural function is to take us beyond all restriction because openness is its nature and, and love, its motive and agency. Freedom is closer than our own heartbeat.

We invite you to explore the heart of the beautiful hidden mysteries of life and existence.

The Heart of Freedom will be an experiential exploration that will use the extensive knowledge and methodology of the Diamond Approach. Through this method of inquiry we will learn how to decode the language of our inner Being. No previous experience is required, and the retreat is open to both the general public and current students of the Diamond Approach.

The retreat will be led by Hameed Ali (A. H. Almaas) and Karen Johnson, who together discovered and developed the path of inner realization, known as the Diamond Approach which is a contemporary original spiritual understanding and path, expressing timeless wisdom on self-realization using the insights of our time.

For a more in-depth description of the Diamond Approach see www.ahalmaas.com

For information on Seattle Diamond Approach see www.diamondapproachseattle.com

Location: Daniel's Recital Hall, Downtown Seattle, Washington

Dates: Saturday, June 26, – Wednesday, June 30, 2010

Lodging: List of nearby hotels available upon request

**Cost: \$550 "Postmarked" by February 1, 2010
\$600 "Postmarked" after February 1, 2010**

**To register: www.ridhwan.org/school/involved/publicevents.html
or email: duchmann@earthlink.net**